



## MMS ICF ACSTH Coach Certification in Bangkok

### DESIGN OF THE PROGRAM:

60-hours of Training delivered in 13 modules, with 10 hours of Mentoring, plus 3 Mentor-coaching sessions, plus the Final Performance Evaluation Exam demonstrating coaching capabilities

### Materials Included:

Dr. Chérie Carter-Scott's book: *Transformational Life Coaching*, + MMS Flash Stick with course materials, session modules, coaching articles, teaching videos from Dr. Cherie.

These books are also effective coaching books to continue your coaching journey: *If Life is a Game, These are the Rules, If Success is a Game, These are the Rules, Negaholics, Become One, & What's Your Message*

**MMS Methodology:** Our approach is Socratic, probing with open-ended questions that invite the client to connect to their Inner Knowing and "preferences." There are two distinct facets to the MMS Coach Training process: dealing with the self, dealing with the client.

We honor these core values: integrity, honesty, respect, authenticity, collaboration, trust, willingness, choice, alignment, communication, responsibility, community, quality, and accountability. We value these principles, we teach others how to embody them, and we do our best to walk the talk and lead by example.

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### Here are the MMS ACSTH Bangkok calendar dates:

#### Starts: Weekend Lab: Part #1

**30th, August, Friday:** 6:30pm-10:30pm

**31st, Saturday:** 9am-6PM

**1st Sept, Sunday:** 9am-6PM = Sub-total: 20 hours

**Five - Weekday Trainings on Thursday Evening from: 6:30PM – 9:30PM**

**Dates: 9, 16, 30 October and 6th Nov (3 hours each)**

Teaching the ICF 11 Core Competencies

Subtotal: 15 hours

**Completes: Weekend Lab Part # 2**

**29th Nov**, Friday: 6:30pm - 10:30pm

**30th Nov**, Saturday: 9am-6PM

**1st Dec**, Sunday: 9am-6PM

Sub total: 20 hours

• Outside resource and development = 12 hours

**Total Program: 67 hours**