

# Inner Negotiation Workshop

The INW is an experience for those who want more joy, love and pleasure in their lives. Participants take an inward-bound journey to the place within them that holds the answers to their life questions.

There comes a time in our lives when we evaluate our present situation and wonder: is what I have what I truly want? Am I satisfied with my life? Is this my ideal career? Am I involved in healthy, fulfilling relationships? And what is it that would make me genuinely happy? If you've been asking yourself questions like these, you might consider participating in the next Inner Negotiation Workshop.



## What the INW is about

This workshop is designed as a process, with a beginning, middle and end. Each participant comes with objectives that will constitute their individual workshop experience. Participants take an inward-bound journey to the place within them that holds the answers to their life questions. This 'message center' within you will provide the information necessary in order to accomplish your workshop objectives and to assist you in designing the next chapter of your life according to what you want, according to your life goals, wishes and grandest dreams!

## The purpose of the INW

The purpose is for you to reclaim or renew the relationship with yourself. Therefore, it is an opportunity to:

- Define your vision
- Set clear, measurable goals
- Map out your strategy
- Address any obstacles
- Heal and complete past incidents



This two-day retreat will help you break through old patterns, master self-defeating tendencies, ritualize change in a positive way or formulate a strategy for transition. It can also help you develop leadership qualities and create new realities. This is about taking responsibility for the past and taking charge of the present to make your dreams become a reality. Commit to the life you desire and launch the rest of your life during the next INW.

## Team

For more than 40 years – 26 of which in the Netherlands, and for 10 years now also in Asia – The MMS Worldwide Institute BV has supported participants all over the world to design the next chapter in their lives.

The INW was created by the founder of MMS, Dr. Chérie Carter-Scott, who is also the author of the #1 bestseller, "If Life is a Game, These are the Rules".

The workshop is run by Saskia Palmen and Bartjeroen van der Veen, assisted by a team of experienced facilitators.



## More information

Dates 2019	February 8&9, April 19&20, October 4&5, November 29&30
Location	Samaya, Werkhoven
Fee	€ 2250 ex VAT. Should this not be feasible, for a limited number of participants we may be able to come to an arrangement. Please contact us to see what we can do.
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